# Most popular games among Pakistani teenagers

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Playing games has always been an essential part of teenagers’ life. The purpose of this report is to find out which games are currently trending and popular among the youth of Pakistan. We surveyed 30 different students from FAST NUCES, Karachi, all aged between 16-19 years old. 17 of them belonged to the CS department whereas 13 were from the SE department.

Majority of the students were not very keen on playing physical sports. Instead, they preferred playing digital games and in particular, action video games were most played.

CS Go and PUBG were the most popular games among these students. Among the few students who played physical sports, cricket was the most popular, followed by football and badminton. On average, students played on 3-5 days a week and 1-3 hours on each of these days. Generally, games didn’t seem to affect the players’ mood. However, people that played for longer duration or played professionally suggested that losing made them frustrated and angry. Most of the students enjoyed playing because they got the opportunity to socialize with their teammates and also because they get to meet new people while playing.

When it came to money, very few students have spent more than Rs.10000 on game while the majority has spent somewhere between the Rs.1000-10000 range.

According to the data collected, most of the students have never thought about pursuing sports or gaming as a career.

The lack of physical games among the youth is what’s causing teenagers nowadays to become so lazy and unhealthy. They need to increase their physical activities and reduce the amount of time they spend in front of screens.

**Questionnaire**

Name:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Gender:

* Male
* Female
* Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Department:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which category of games do you play?

* Physical
* Digital
* None

What type of games do you play in this category?

[Physical]:

* Indoors
* Outdoors

[Digital]:

* Action
* Arcade
* Adventure
* Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What is your favorite game?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How many days a week do you play?

* 0 – 2
* 3 – 5
* 6 – 7

How many days a week do you play?

* 0 – 3
* 4 – 6
* 7 – 9
* Over 9

Does playing games affect your mood?

* Yes
* No

Why or why not?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why do you enjoy playing games?

* Winning
* Meeting new people
* Working/Socializing with teammates
* Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How much money have you spent on games?

* 0 – 1000
* 1000 – 10000
* 10000 – 50000
* Over 50000

Have you ever considered making it your career?

* Yes
* No